

Instructions for the patient

The Wellbeing Services County of Southwest Finland

Turku University Hospital

ACTH stimulation test, low dose (Pt-ACTH-Rm, 4938)

This examination is done to test the ability of the adrenal cortex to secrete hormones.

How to prepare yourself for the test

1. Don't drink or eat anything after 10:00 o'clock PM (22:00 hours) the evening before the test.
2. You may drink a glass of water in the morning.

There are many medicines that may affect the test result.

1. Tell your doctor all medicines you take - those you take regularly and those you take occasionally. Your doctor decides if you should stop taking a medicine before the test.

Procedure

1. First, a plastic cannula is inserted in a vein.
2. The test substance (ACTH) is injected through this cannula.
3. The blood samples are also collected through this cannula.
4. When all blood samples have been collected, the plastic cannula is removed from the vein.

The examination will take about 1.5 hours.

In matters related to the performance of this examination you may contact the hospital unit that ordered the examination.

You may ask for the result of this examination at the hospital unit where you are being treated.